

1601] DISCOURSES UPON SENECA THE
TRAGEDIAN

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TRAGEDIAN'

Sir William Cornwallis hath now wntten sundry
Discourses
upon Seneca the Tragedian^ wherefroin choosing
certain moral
sentences he enlargeth upon them, as from the
Tbtbats that
speech of Jocasta

Gladius et spes et metus,
Sors caeca versat praemium incertum
petit
Cerium scelus,

on which is appended a discourse of war, which,
quothe he, * is
the remedy for a State surfeited with peace, it is
a medicine
for commonwealths sick of too much ease and
tranqtulity, but
carneth a reforming nature and is a part of
justice.* Con-
cludeth that war's best use is the same that
nurses mate of
Robin Goodfellow, to terrify, and the example
much more
safe and wholesome that is taken from the sight
of our neigh-
bours than from our own experience

^\$thJune A BOOK AGAINST TABACCO

There is a book printed describing the
pernicious use of
tabacco, entitled *Work for Chimney Sweepers*,
wherein the author
allegeth eight reasons in particular, as that it
withereth and
drieth up the natural moisture of our bodies,
thereby causing
sterility, in wfr ch respect it seemeth an enemy to
the continu-
ance and propagation of the human race, it
dissipateth the
natural heat and thereby is cause of crudities,
rheums and
infinite maladies. Moreover that the herb is in
nature vene-
mous, as may be gathered by the symptoms and
accidents im-
mediately following the immoderate drinking
thereof, as violent
vomits, many stools, great gnawings and
torments in the guts
and inward parts, coldness in external members,
cramps, con-
vulsions, cold sweats, ill colour, wanness of skin,

defect of feeling,
sense and understanding, loss of sight, giddiness of
the head and
brain, and to some hasty and untimely death. It is
moreover a
cause of melancholy, so that all melancholy persons
and especially
students and scholars ought to be very well
advised in the
use of so pernicious and dangerous a thing, lest
that natural
melancholy be converted into unnatural, and this
also either into
a corrosive and adust humour apt to inflame the
brain, or else